



Counselor's Corner

Ms. Casey Ruhland, School Counselor

"Kind words do not cost much. Yet they accomplish much." B. Pascal

Here at Waubesa we take pride in personal differences and embracing the qualities that make us unique! Four times a year we promote a "Mix-it-up at Lunch" day. The High School Ambassadors come visit us for two of those days, and the 8th grade Ambassadors come on the other two days. We are so fortunate to have such great leaders in our schools! Mix-It-Up at Lunch Day is a national campaign that has been happening for the last decade and it encourages students to cross social boundaries. WIS students have the opportunity to sit with classmates that maybe they don't know much about. We hope that our lunches will promote future tolerance and acceptance of others.

February Character Trait

Honesty: Being truthful in all that you do. Others will see you as sincere and trustworthy.



National School Counseling Week: February 6-10, 2017

The American School Counseling Association sets aside one week to raise awareness about Comprehensive School Counseling Programs. The mission of my program is to support students as they gain the knowledge and skills necessary to make a positive contribution to a changing world. This would not be possible without the support of the WIS staff, WIS parents, district administration, and the wonderful community of McFarland. With that being said, I want to say a giant THANK YOU!

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Connecting With Your Child

Helping Your Child With Homework:

- ☺ Set up a "homework space" that is quiet and has few distractions
- ☺ Have a set time that your child will work on homework
- ☺ Allow them to take short breaks if necessary
- ☺ Promote learning throughout the day, and not just at "homework time"

February Lifeskills Focus:

3rd Grade: Empathy and Skills for Learning

4th Grade: Problem Solving

5th Grade: Empathy and Skills for Learning