



Counselor's Corner

Ms. Casey Ruhland, School Counselor

"If you see someone without a smile, give them one of yours." Dolly Parton

This year 5th grade students were given new ways to participate in Student Council. The Planners and Promoters were in charge of school events, such as Theme Days and the Food Drive. They did a great job increasing student participation in these activities! The Welcome Wagon helped ease the transition for students who were new to Waubesa this year. They gave tours and connected with new students as their go-to resource person. The Junior Ambassadors helped make Waubesa and the community a better place by spending lunch with students sitting alone, assisting custodians remove scuff marks in the hallway, and singing Christmas Carols for the Salvation Army and at McFarland Villa. Our students are AWESOME!

May Character Trait

Integrity: Doing the right thing even when it is difficult. (And doing the right thing when no one is watching.)

Preparing Your Child for Transition

Preparing students for a transition is important! Some children will be affected more than others. As one school year ends, think about these ideas to help prepare for the next.

- ⇒ Talk about the upside of entering a new grade: new teacher, new friends, new opportunities.
- ⇒ Address your child's fears: listen and validate those fears, and talk about your own fears when you were that age.
- ⇒ If your child is changing schools, they will be taking a tour of their new school. Ask them about the new building!
- ⇒ Consider resources: If you feel that your child is experiencing high levels of anxiety about the upcoming transition, consult available resources. (books, internet, School Counselor)

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Connecting With Your Child

10 Fun and Free Summer Ideas:

- ☺ Take a picnic lunch to the park!
- ☺ Go fishing!
- ☺ Go biking or hiking!
- ☺ Take a walk around your neighborhood!
- ☺ Go to the public library!
- ☺ Do community service!
- ☺ Cook or bake with your child!
- ☺ Use a journal to keep track of summer activities!
- ☺ Play flashlight tag in the evening!
- ☺ Set up a scavenger hunt!

WRONG
is **WRONG**,
even if *everyone*
is doing it.

RIGHT
is **RIGHT**,
even if *no one*
is doing it.

May Lifeskills Focus

3rd Grade: Personal Safety

4th Grade: Personal Safety

5th Grade: Careers and Transition
to Middle School